

*Yoga immersion for beginners and advanced yoga practitioner that includes learning basic postures, breathing practice and meditation, supported by wellness treatments, healthy cuisine and an inspiring setting in beautiful, spiritual Bali!*



## YOGA RETREAT June 4th - 7th 2009

### Retreat Package:

- Return flight Singapore - Denpasar - including tax
- Airport transfers
- A three days, three nights stay at a beautiful resort in Bali
- Daily yoga, breathing and meditation sessions
- Yoga related talks
- All vegetarian organic meals
- Massage
- Visa for Indonesia

| Fee:                     | Early Bird Fee<br>(up to May 1st) | Normal period fee<br>(1 May - 21 May) |
|--------------------------|-----------------------------------|---------------------------------------|
| Omshiva yoga cardholders | S\$ 1.190                         | S\$ 1.250                             |
| Non-cardholders          | S\$ 1.250                         | S\$ 1.310                             |

For more information:

[www.omshivayoga.com](http://www.omshivayoga.com), or contact: [omshivayoga@gmail.com](mailto:omshivayoga@gmail.com) or call 64662257

